



MARKET REPORT – NOVEMBER 2017



In season and at its best for November:

Fruit: Apple, Bramley Apple, Banana, Chestnut, Clementine, Cranberry, Date, Pear, Pomegranate, Quince, Satsuma



Vegetables: Beetroot, Brussels Sprouts, Cabbage, Celeriac, Globe Artichoke, Horseradish, Jerusalem Artichoke, Kale, Kohlrabi, Leek, Pak Choi, Parsnip, Peas, Pumpkin, Runner Bean, Salsify, Swede, Sweet Potato



Salads: Celery, Lambs Lettuce, Lettuce, Radicchio

Seasonal update:

The clocks have gone back, and winter is here! It's a good thing, then, that the very best seasonal fruit and veg are warming crumble and casserole staples – and with Clementines, Satsumas, Cranberries, Dates and Brussels Sprouts, all beginning to flourish, there's a definite festive hint in the air, too.



Conference Pears, constituting 90% of the UK pear harvest, are a particularly good buy this month, as well as the gloriously scented Quince.



And how about swapping potato chips for nutritious in-season sweet potato fries this month?

Market conditions and value:



Eggs take centre-stage in the trade press

The Grocer has recently reported that August's Fipronil scandal has seen the price of eggs rocket. Processed eggs have been in short supply, with many across the EU held in a backlog for testing, and buyers refusing to purchase them unless they are proven to be clear of the chemical. Meanwhile, the FSA has altered its guidance on runny egg consumption, stating that under the British Lion Code of Practice, infants, the elderly and pregnant women are safe to eat raw or lightly-cooked eggs.



Tesco stocks green satsumas and clementines

The citrus fruit will commonly spend time in a dedicated 'ripening room' to bring them to their familiar orange colour. However, the handling process involved often leads to some fruit being discarded, so in an attempt to reduce waste, Tesco have decided to skip the 'ripening room' stage altogether. The green fruit are assured to be just as "sweet and juicy" as their orange counterparts, and an extra two days' shelf life will potentially also lead to less wastage in the home.



We look forward to bringing you our festive market report in December. Until then, don't forget to wrap up nice and warm.

